



IN THE NAME OF ALLAH THE MOST GRACIOUS, THE MOST MERCIFUL  
**THE WORLD OF JINN AND SEEKING PROTECTION FROM SHAYTAN AND  
THE EVIL JINN**

Allah has Created a completely different group of creations which has one similar feature with us human beings – that they have a free will to choose how they wish to lead their life in this world. These are the Jinns. A whole surah was revealed about them in the Qur’an in surah Jinn (72).

The last surah in the Qur’an is one of the means to seek protection from the jinns:

1. *Say: "I seek refuge with (Allah) the Lord of mankind,*
2. *"The King of mankind,*
3. *"The Ilah (God) of mankind,*
4. *"From the evil of the whisperer (devil who whispers evil in the hearts of men) who withdraws (from his whispering in one's heart after one remembers Allah) ,*
5. *"Who whispers in the breasts of mankind,*
6. *"Of jinns and men."*

Shaytan/Iblis is a form of jinn:

*"And (remember) when We said to the angels; "Prostrate to Adam." So they prostrated except Iblis (Satan). He was one of the jinns..." (18: 50)*

The Jinn are beings created with free will, living on earth in a world parallel to mankind. The Arabic word Jinn is from the verb 'Janna' which means to hide from sight or conceal. Thus, they are physically invisible from man as their description suggests.

*Verily he [Shaytaan] and his qabeeluhu [his soldiers from the jinn or his tribe] see you from where you cannot see them [al-Araaf 7:27]*

This invisibility is one of the reasons why some people have denied their existence. However, (as will be seen) the affect which the world of the Jinn has upon our world, is enough to refute this modern denial of one of Allah's creation. The origins of the Jinn can be traced from the Quran and the Sunnah. Allah says (Meaning):

*"Indeed We created man from dried clay of black smooth mud. And We created the Jinn before that from the smokeless flame of fire" (Quran 15:26-27)*

Thus the Jinn were created before man. As for their physical origin, then the Prophet, may the mercy and blessings of God be upon him, has confirmed the above verse when he said:

*"The Angels were created from light and the Jinn from smokeless fire." (Saheeh Muslim)*

### BEFORE MANKIND

Whether there were jinns on the earth before the creation of Adam (AS) is not stated in any verses of the Qur'an or the hadith, but through opinions of mufasssireen (Quran commentators) among the sahabah (companions) and tabi'een (successors) – that the earth was inhabited by the jinn, whom Allah, may He be exalted, created from fire. This opinion was narrated from most of the mufasssireen.

*At-Tabari narrated in his Tafseer from Ibn 'Abbas (may Allah be pleased with him) that he said:*

*The first ones to dwell on earth were the jinn, and they caused mischief therein, shedding blood and killing one another.*

*It was narrated from ar-Rabee' ibn Anas that he said:*

*Allah created the angels on Wednesday, and He created the jinn on Thursday and He created Adam on Friday. Then some of the jinn disbelieved, and the angels used to come down to earth to fight them, and there was bloodshed and corruption on earth.*

### FROM THE QUR'AN

The purpose of life of jinns is exactly the same as that of mankind, which is to worship Allaah Alone, with no partner or associate. Allaah says (interpretation of the meanings):

*And I (Allaah) created not the jinns and humans, except they should worship Me (Alone). [al-Dhaariyaat 51:56].*

The jinns and mankind are both reminded by Allah many times in surah ar Rahman (55) to be grateful to Him and not to deny His Blessings and favours on them:

*“Then which of the Blessings of your Lord will you both (jinns and men) deny?”*

*O assembly of jinns and mankind! Did there not come to you Messengers from amongst you, reciting unto you My Verses? [al-Anaam 6:130]*

The world of the jinn is an independent and separate world, with its own distinct nature and features that are hidden from the world of humans. Jinns and humans have some things in common, such as the possession of understanding and the choice between the way of good and the way of evil.

Allaah has told us in His Book the essence from which the jinn were created. He says (interpretation of the meaning):

And the jinn, We created aforetime from the smokeless flame of fire. [al-Hijr 15:27]

And the jinns did He create from a smokeless flame of fire. [al-Rahmaan 55:15].

According to a hadeeth narrated by Aaishah, the Prophet (peace and blessings of Allaah be upon him) said: The angels were created from light, the jinn were created from fire, and Aadam was created from that which has been described to you. (Reported by Muslim, 5314).

### TYPES OF JINN

Allaah has created different types of jinn. Among them are some who can take on different forms, such as dogs and snakes; some who are like flying winds with wings; and some who can travel and rest. Abu Thalabah al-Khushani said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said: The jinn are of three types: a type that has wings, and they fly through the air; a type that looks like snakes and dogs; and a type that stops for a rest then resumes its journey.

(Reported by al-Tahhaawi in Mushkil al-Athaar, 4/95, and by al-Tabaraani in al-Kabeer, 22/214. Shaykh al-Albaani said in al-Mishkaat (2/1206, no. 4148): al-Tahhaawi and Abul-Shaykh reported it with a saheeh isnaad).

### THE JINN AND THE SONS OF ADAM

Every individual among the sons of Aadam has a jinn who has been appointed to be his constant companion (qareen). Ibn Masood said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said, There is not one of you who does not have a jinn appointed to be his constant companion. They said, And you too, O Messenger of Allaah? He said, Me too, but Allaah has helped me and he has submitted, so that he only helps me to do good. (Reported by Muslim, 2814). Al-Nawawi said in his commentary on Muslim (17/175): He has submitted he became a believing Muslim. This is the apparent meaning. Al-Qaadi said: Know that the ummah is agreed upon the fact that the Prophet (peace and blessings of Allaah be

upon him) was protected from Shaytaan, physically and mentally, and with regard to his speech. This hadeeth contains a reference to the warning against the fitnah (temptation, trial) and whispers of the qareen (constant companion from among the jinn). We know that he is with us so we should beware of him as much as possible.

### THEIR POWERS

Allaah has given the jinn powers that he has not given to humans. Allaah has told us about some of their powers, such as the ability to move and travel quickly. An ifreet from among the jinn guaranteed to the Prophet Sulaymaan (peace be upon him) that he would bring the throne of the Queen of Yemen to Jerusalem in a moment faster than that needed for a man to get up from where he was sitting. Allaah says (interpretation of the meaning):

An ifreet (strong one) from the jinns said: I will bring it [her throne] to you before you rise from your place (council). And verily, I am indeed strong, and trustworthy for such work. One with whom was knowledge of the Scripture said: I will bring it to you within the twinkling of an eye! then when Sulaymaan saw it placed before him, he said, This is by the Grace of my Lord [al-Naml 27:39-40].

### THE FOOD AND DRINK OF THE JINN

The jinn eat and drink. Ibn Masood said: The Messenger of Allaah (peace and blessings of Allaah be upon him) said: Someone from among the jinn called me, and I went with him and recited Quraan for them. He took us and showed us the traces of where they had been and the traces of their fires. They asked him for food and he said, You can have every bone on which the name of Allaah has been mentioned that comes into your possession, as meat, and all the droppings as food for your animals. The Prophet (peace and blessings of Allaah be upon him) said, So do not use [these things] for cleaning yourselves [after relieving oneself], for they are the food and provision of your brothers. (Reported by Muslim, 450). According to another report: A delegation of jinn from Naseebeen came to me, and what good jinn they are! They asked me for food and I prayed to Allaah for them, so that they would not pass by bones or droppings, but they would find food on them. (Reported by al-Bukhaari, 3571). The believing jinn may eat any bone on which the name of Allaah has been mentioned, because the Messenger (peace and blessings of Allaah be upon him) did not permit them to have anything on which Allaah's name has not been mentioned those are for the kuffaar among the jinn.

### THE BEASTS OF THE JINN

According to the hadeeth narrated by Ibn Masood, that we have quoted above, the jinn asked the Messenger (peace and blessings of Allaah be upon him) for provision, and he said to them: and [you can have] all the droppings as food for your animals.

## THE DWELLING PLACES OF THE JINN

The jinn live on this earth where we do. They are mostly to be found in ruins and unclean places like bathrooms, dunghills, garbage dumps and graveyards. Hence the Prophet (peace and blessings of Allaah be upon him) taught us to take precautions when entering such places, by reciting the adhkaar (prayers) prescribed by Islam. One of these was reported by Anas ibn Maalik (may Allaah be pleased with him), who said: When the Messenger of Allaah (peace and blessings of Allaah be upon him) entered the toilet, he would say, Allaahumma innee aoodhu bika min al-khubuthi wal-khabaaith (O Allaah, I seek refuge with You from the evil ones, male and female).

(Reported by al-Bukhaari, 142; and Muslim, 375). Al-Khattaabi explained that khubuth is the plural of khabeeth (evil or dirty masculine form), and khabaaith is the plural of khabeethah (evil or dirty feminine form), and that what is meant is male and female shayaateen.

Some jinns are Muslims and some are kaafirs

Allaah tells us that some of the jinn said (interpretation of the meaning):

And some of us are Muslims, and of us some are al-qaasitoon (disbelievers those who have deviated from the Right Path). And whosoever has embraced Islam, then such have sought the Right Path. And as for the qaasitoon, they shall be firewood for Hell. [al-Jinn 72:14-15]

The Muslims among the jinn are of different levels as regards righteousness and taqwa. Allaah says (interpretation of the meaning):

[Some jinn said:] There are among us some that are righteous, and some the contrary; we are groups, each having a different way (religious sects, etc.) [al-Jinn 72:11]

The story of how the first jinn of this ummah became Muslim was narrated by Abd-Allaah ibn Abbaas, who said: The Prophet (peace and blessings of Allaah be upon him) went out with a group of his Companions heading for the marketplace of Ukaaz. This was when the shayaateen were prevented from getting any news from heaven, and shooting stars had been sent against them. The shayaateen went back to their people, who said, What is the matter with you? They said, We cannot get news from heaven, and shooting stars were sent against us. Their people said, Nothing is stopping you from hearing news from heaven except some new event that must have happened. Go and look in the east and the west of the earth, and see if you can find out what it is that is stopping you from hearing news from heaven. Those who went out in the direction of Tihaamah came upon the Prophet (peace and blessings of Allaah be upon him) in Nakhlah, when he was on his way to Ukaaz, and found him leading his Companions in Fajr prayer. When they heard the Quraan, they listened to it and said, By Allaah, this is what is stopping us from hearing news from heaven. When they went back to their people, they said, O our people, we have heard a wonderful Recital (the Quraan). It guides to the Right Path, and we have

believed therein, and we shall never join (in worship) anything with our Lord (Allaah). [al-Jinn 72:2 interpretation of the meaning]. Then Allaah revealed to His Prophet peace and blessings of Allaah be upon him) the words (interpretation of the meaning): Say (O Muhammad): It has been revealed to me that a group of jinns listened (to this Quraan) [al-Jinn 72:1], and Allaah revealed to him what the jinn had said. (reported by al-Bukhaari, 731).

### THEIR RECKONING ON THE DAY OF RESURRECTION

The jinn will be called to account on the day of Resurrection. Mujaahid (may Allaah have mercy on him) said, concerning the aayah (interpretation of the meaning): but the jinns know well that they have indeed to appear (before Him) (i.e., they will be brought to account) [al-Saffaat 37:158]: They will be brought to judgement. Saheeh al-Bukhaari, Baab Dhikr al-Jinn wa Thawaabihim wa Iqaabihim.

### OTHER ABILITIES OF THE JINN

That which clearly distinguishes the Jinn from mankind, are their powers and abilities. God has given them these powers as a test for them. If they oppress others with them, then they will be held accountable. By knowing of their powers, we can often make sense of much of the mysteries which go on around us. One of the powers of the Jinn, is that they are able to take on any physical form they like. Thus, they can appear as humans, animals trees and anything else. Thousands of people have sighted strange looking creatures all over the world - and it seems more plausible all the sightings of such creatures may have been Jinns parading in different forms.

The ability to possess and take over the minds and bodies of other creatures is also a power which the Jinn have utilized greatly over the centuries. This however, is something which has been prohibited to them as it is a great oppression to possess another being. Human possession is something which has always brought about great attention. But the true knowledge of this subject is rare. Over the last 3 decades the subject of possession has become very commercialized. During the 70's, films such as *The Exorcist* and *Rosemary's Baby* were used to educate people about possession. However, because such institutions (the film industry) were heavily influenced by Christianity, knowledge of the subject was non-existent. Rather than educate people about Jinn possession, films such as *The Exorcist* just tended to scare the living daylights out of us!

With regard to the jinn harming humans, this is proven to happen and it does happen. Protection against that is attained by reciting Quran and adhkaar (dhikr/remembrance of Allah) prescribed in sharee'ah (Islamic law).

Shaykh Ibn 'Uthaymeen (may Allah have mercy on him) said:

“Undoubtedly the jinn can have a harmful effect on humans, and they could even kill them. They may harm a person by throwing stones at him, or by trying to terrify him, and other things that are proven in the sunnah (prophetic teachings) or indicated by real events. It was reported that the Messenger (peace and blessings of Allah be upon him) gave permission to one of his companions to go to his wife during one of the military campaigns – I think it was the campaign of al-Khandaq – as he was a young man who had recently got married. When he reached his house, he found his wife standing at the door, and he objected to that. She said to him, ‘Go inside,’ so he went inside and found a snake curled up on the bed. He had a spear with him, so he stabbed it with the spear until it died, and at the same instant as the snake died the man also died. It was not known which of them died first, the snake or the man. When the Prophet (peace and blessings of Allah be upon him) heard of that, he forbade killing the harmless kinds of snakes that are found in houses, apart from those which are maimed or are streaked and malignant.

This indicates that the jinn may attack humans, and that they may harm them, as is known from real-life events. There are numerous reports which indicate that a man may come to a deserted area, and a stone may be thrown at him, but he does not see anybody, or he may hear voices or a rustling sound like the rustling of trees, and other things that may make him feel distressed and scared. A jinn may also enter the body of a human, either because of love or with the intention of harming him, or for some other reason. This is indicated in the ayah/verse (interpretation of the meaning):

‘Those who eat riba (interest) will not stand (on the Day of Resurrection) except like the standing of a person beaten by shaytan leading him to insanity’ [2:275]

In such cases, the jinn may speak from inside of that person and address the one who is reading verses from the Quran over him; the reciter may take a promise from the jinn never to come back, and other things concerning which there are very many reports which are widespread among the people.

So the protection which will prevent the evil of the jinn is for a person to recite that which is narrated in the sunnah as being effective in providing protection, such as ayat al-Kursiy, for if a person recites ayat al-Kursiy at night, he will continue to have protection from Allah, and no shaytan will come near him until morning. And Allah is the Protector.” (Majmoo’ Fatawa al-Shaykh Ibn ‘Uthaymeen)

Only through Islam can we understand such a phenomena. We know as Muslims, that Jinns possess people for many reasons. Sometimes it is because the Jinn or its family has been hurt accidentally. It could be because the Jinn has fallen in love with the person. However, most of the time possession occurs because the Jinn is simply malicious and wicked. For this reason we have been commanded to recite the Quran frequently in our houses as the Prophet (Sallallahu alayhi wa sallam) said:

*“Indeed, Satan flees from the house in which Surah Al-Baqarah is recited.” (Al-Tirmidhi)*

If a person does become possessed, then the name of Allah has to be used in expelling the Jinn. If we look at the practice of the Prophet (Sallallahu alayhi wa sallam) and his companions, we find many invocations to exorcise the Jinn. All of them invoke Allah to help the possessed person. How contrary this is to many modern-day exorcists. Many exorcists, often invoke the names of others besides Allah to exorcise the Jinn. When the Jinn does leave, these people believe that their way was successful. However, this is a ploy of the Jinn, as it knows that if it obeys the exorcist, then it has succeeded in making him worship others besides Allah. The Jinn often returns when the exorcist leaves, as it knows that nothing except the words of God can stop it from oppressing others.

It is not only humans which are possessed, but also animals, trees and other objects. By doing this, the evil Jinn hope to make people worship others besides God. The possession of idols is one way to do this. Not so long ago the world-wide phenomenon of Hindu idols drinking milk, shocked the world. From Bombay to London, Delhi to California, countless idols were lapping up milk. Ganesh the elephant god, Hanuman the monkey god and even Shiva lingam, the male private organ (!), all seemed to guzzle down the milk as if there was no tomorrow! Unfortunately people were taken in by this and many flocked to feed the Hindu gods. This feat was undoubtedly done by the Jinn as a classic attempt to make people worship false gods.

### OCCULT ACTIVITIES OF THE JINN

Through their powers of flying and invisibility, the Jinn are the chief component in occult activities. Voodoo, Black magic, Poltergeists, Witchcraft and Mediums can all be explained through the world of the Jinn. Likewise, so can the illusions and feats of magicians. Because the Jinn can traverse huge distances over a matter of seconds, their value to magicians is great. In return for helping them in their magic, the Jinns often ask the magicians to worship them and Satan. Thus the magicians take the Jinn and Satan as lords besides Allah. In our day, some of the feats performed by magicians and entertainers are without doubt from the assistance of the Jinn. Making the Statue of Liberty disappear, flying across the Grand Canyon and retrieving a ship from the Bermuda Triangle, have all been done by the Jewish magician David Copperfield. There is NO way that a man could do such things without the assistance of the Jinn. It would not be surprising therefore, if David Copperfield had sold his soul to Satan himself.

### Seeking protection with the jinn

Allah, may He be glorified and exalted, has told us of how the Shaytaan tempts the son of Adam, and that hardly anyone has the strength to resist. Allah, may He be glorified, says (interpretation of the meaning):



“And verily, there were men among mankind who took shelter with the masculine among the jinns, but they (jinns) increased them (mankind) in sin and disbelief”

[al-Jinn 72:6].

Al-Haafiz Ibn Katheer (may Allah have mercy on him) said:

That is, (the jinn said): We thought that we had some superiority over humans, because they use to seek protection with us, i.e., if they halted in a valley or lonely place in the wilderness and so on, as was the custom of the Arabs during the Jaahiliyyah. They would seek protection with the jinn master of the place, lest they harm them in any way, just as one of them would enter his enemy’s land under the protection of a prominent man. When the jinn saw that humans would seek their protection because they were afraid of them, “they (jinns) increased them (mankind) in sin and disbelief” which resulted from the increase in their fear and terror, to the extent that they became even more afraid of them and sought their protection even more, as Qataadah said: “they (jinns) increased them (mankind) in sin and disbelief” that is, in transgression, and that made the jinn even more audacious towards them.

End quote from Tafseer al-Qur’an al-’Azeem (8/239)

Al-’Allaamah as-Sa’di (may Allah have mercy on him) said:

The jinn increased humans in terror and fear because they saw them seeking protection with them. So when a human halted in a scary valley, he would say: I seek refuge with the master of this valley from the foolish ones among his people.

End quote from Tayseer al-Kareem ar-Rahmaan fi Tafseer Kalaam al-Mannaan (p. 890).

### Fortune telling

One of the most frequent activities associated with the Jinn, is fortune telling. Before the advent of the Prophet Muhammad (SallAllahu alayhi wa sallam), fortune-tellers and soothsayers were wide spread. These people would use their associates from the Jinn to find out about the future. The Jinns would go to the lowest heaven and listen to the Angels conversing amongst themselves about events of the Future which they heard from Allah. The Jinns would then inform the fortune-tellers. This is why before the time of the Prophet (SallAllahu alayhi wa sallam) many fortune-tellers were very accurate in their predictions. However, upon the Prophet’s arrival the heavens were guarded intensely by the Angels, and any Jinn who tried to listen was attacked by meteors (shooting stars):

*“And We have guarded it (the heavens) from every accursed devil, except one who is able to snatch a hearing and he is pursued by a brightly burning flame.” (Quran 15:17-18)*

The Prophet (SallAllahu alayhi wa sallam) also said: “They (the Jinn) would pass the information back down until it reaches the lips of a magician or fortune-teller

Sometimes a meteor would overtake them before they could pass it on. If they passed it on before being struck, they would add to it a hundred lies" (*Saheeh Al-Bukhari*). Thus, it is clear from this as to how fortune-tellers get predictions of the future sometimes right. It is also evident as to why they get so many wrong. Men like Nostradamus are an example, as some of his predictions of the future were correct whilst many were completely wrong. Unfortunately, the amount of fortune telling which occurs amongst the Muslims is also increasing. By visiting Muslim lands such as Morocco, Pakistan and Egypt, one is able to see as to how much inter Jinn-fortune-teller activity there really is. If you look up at the sky on a clear night in Morocco, you will see the heavens ablaze with shooting stars! A clear display of the devils being chased away from the heavens.

Fortune-tellers also operate through the *Qareen*. The *Qareen* is the Jinn companion which is assigned to every human being. It is this Jinn which whispers to our base desires and constantly tries to divert us from righteousness. The Prophet (SallAllahu alayhi wa sallam) said: "Every one of you has been assigned a companion from the Jinn. The companions asked: Even you O' Messenger of God? And the Prophet (SallAllahu alayhi wa sallam) replied: Even me, except that God has helped me against him and he has become a Muslim. Now he only tells me to do good" (*Saheeh Muslim*).

Because the *Qareen* is with a person all his life, it knows all that has happened to the person from the cradle to the grave. By making contact with the *Qareen*, the fortune-teller is thus able to make out that it is he who knows about the person. He looks in his crystal ball or the palm of a person and proceeds to amaze him with knowledge which no one else knows. The severity of going to a fortune-teller is such that the Prophet (SallAllahu alayhi wa sallam) said: "The prayer of one who approaches a fortune-teller and asks him about anything, will not be accepted for forty days or nights" (*Saheeh Muslim*) and: "Whosoever approaches a fortune-teller and believes in what he says, has disbelieved in what was revealed to Muhammed." The effects of the Jinn are not just limited to fortune-tellers. Other activities such as oujia boards and seances, which are used to contact the dead, are manipulated by the Jinn. 'Are you there Charlie? Speak to us Charlie!!' are the sort of words spoken by anxious relatives (names are obviously different!) seeking to make contact with their loved ones. And it is when the Jinn starts to talk and communicate as 'Charlie', that the people are truly fooled.

One of the biggest manipulations of the Jinn is through visions. Through these visions the Jinns are more likely to lead people away from the worship of God than any other way. When a person sees a vision in front of his eyes it is something which is very hard to explain away. Only by having knowledge of the world of the Jinn and conviction in God, can a person fight such a trial. The countless numbers of visions of Jesus Christ and the Virgin Mary over the centuries has been a popular choice for the devils. It almost seems as if leading Christians astray is the most easiest trick for the Jinns! Not only are Christians fooled by these visions, but often the Jinns possess and begin to talk from their voices. To the Christians this is known as the tongues of the Angels and thus a proof for their faith. However, the amount

of unintelligible nonsense and rubbish which is heard is a clear proof that this is in fact the tongues of the devils! For other people, visions of their parents or relatives are commonplace. By taking on the form of peoples parents, the Jinns can convince people that the souls of dead people still mix with the people of the earth. This is why so many people believe in ghosts.

The onslaught of satanic visions has also hit the Muslims. Many Muslims claim to have seen visions of the Prophet Muhammed and even God! By doing this, Satan is able to lead astray the weak Muslims. Through such visions, Muslims are often told that the commands of Islam are not applicable to them. The Jinns tell them that Prayer, Fasting, Hajj etc. are not obligatory for them. It is a great deception and unfortunately one which has been very effective. The extent of satanic visions still continues to this day. The recent death of Diana Princess of Wales sparked off great love and adoration for this woman. In fact the grief of the British people was such, that it was as if Diana was something divine. No sooner had the mourning of Diana reached its peak, that visions of her were already being seen at Hampton Court Palace! If these visions did occur, the desire of Satan and his army of Jinn to capitalise on this event, was evident. Such visions are clear attempts by Satan to lead mankind away from the path of God.

### SEEKING PROTECTION IN ALLAH GFROM THE HARM OF THE JINN

Because the jinn can see us while we cannot see them, the Prophet (peace and blessings of Allaah be upon him) taught us many ways to protect ourselves from their harm, such as:

#### **1. Seeking refuge with Allah from the jinn:**

Allah says (interpretation of the meaning):

“And if an evil whisper from shaytaan tries to turn you away (O Muhammad) (from doing good), then seek refuge in Allah. Verily, He is the All-Hearer, the All-Knower” [41:36]

“And if an evil whisper comes to you from shaytaan, then seek refuge with Allah. Verily, He is All-Hearer, All-Knower” [7:200]

It was narrated from Sulayman ibn Sard that two men were trading insults in the presence of the Prophet (peace and blessings of Allah be upon them), until the face of one of them turned red. The Prophet (peace and blessings of Allah be upon him) said, “I know a word which, if he were to say it, what he is suffering from would go away: ‘A’oodhu Billahi min al-Shaytan il-rajeem (I seek refuge with Allah from the accursed shaytan).” (al-Bukhaari and Muslim)

Recite the words taught by Allaah in the Quraan (interpretation of the meaning): Say: My Lord! I seek refuge with You from the whisperings (suggestions) of the shayaateen (devils). And I seek refuge with You, my Lord, lest they may attend (or come near) me. [al-Muminoon 23:97-98]

## **2. Reciting al-Mu'awwidhatayn (the last two chapters of the Quran, al-Falaq and al-Nas).**

It was narrated that Abu Sa'id al-Khudri (may Allah be pleased with him) said: "The Messenger of Allah (peace and blessings of Allah be upon him) used to seek refuge with Allah from the jinn and from the evil eye until the Mu'awwidhatayn were revealed, and when they were revealed he started to recite them and not anything else."

(al-Tirmidhi, al-Nasaa'i, Ibn Maajah.

## **3. Reciting ayat al-Kursiy (2: 255)**

It was narrated that Abu Hurayrah said: "The Messenger of Allah (peace and blessings of Allah be upon him) put me in charge of guarding the zakah (charity) of Ramadan. Someone came to me and started grabbing handfuls of the food. I took hold of him and said, 'I will take you to the Messenger of Allah (peace and blessings of Allah be upon him).' He said, 'I will teach you some words by means of which Allah will benefit you.' I said, 'What are they?' He said, 'When you go to your bed, recite this ayah (interpretation of the meaning): "Allah! La ilaha illa Huwa (none has the right to be worshipped but He), Al-Hayyul-Qayyoom (the Ever Living, the One Who sustains and protects all that exists)..." [2:255] - until he completed the ayah. Then Allah will appoint a guard for you who will stay with you and no shaytan (devil) will come near you until morning.' The Messenger of Allah (peace and blessings of Allah be upon him) asked me, 'What did your prisoner do last night?' I said, 'O Messenger of Allah, he taught me something, and claimed that Allah would benefit me by it.' He said, 'What was it?' I said, 'He taught me to recite ayat al-Kursiy when I go to bed, and said that no shaytan would come near me until morning, and that Allah would appoint a guard for me who would stay with me.' The Prophet (peace and blessings of Allah be upon him) said, 'He told you the truth, although he is an inveterate liar. That was the shaytan.'" (al-Bukhaari)

## **4. Reciting Surat al-Baqarah**

It was narrated from Abu Hurayrah that the Messenger of Allaah (peace and blessings of Allah be upon him) said: "Do not make your houses like graves, for the shaytan runs away from a house in which Surat al-Baqarah is recited." (Muslim)

## 5. The last verses of Surat al-Baqarah

It was narrated that Abu Mas'ood al-Ansari said: "The Messenger of Allah (peace and blessings of Allah be upon him) said: 'Whoever recites the last two verses of Surat al-Baqarah at night, that will suffice him.'" (al-Bukhaari, Muslim)

It was narrated from al-Nu'man ibn Basheer (may Allah be pleased with him) that the Prophet (peace and blessings of Allah be upon him) said: "Allah inscribed a book two thousand years before He created the heavens and the earth, from which the last two ayahs of Surat al-Baqarah were revealed. If they are recited for three nights, no shaytan (devil) will remain in the house". (al-Tirmidhi).

## 6. Reciting "La ilaha ill-Allah wahdahu la shareeka lah, lahu'l-mulk wa lahu'l-hamd wa huwa 'ala kulli shayin qadeer (There is no god except Allah Alone with no partner or associate; His is the Sovereignty and His is the praise, and He is able to do all things)" one hundred times.

It was narrated from Abu Hurayrah that the Messenger of Allah (peace and blessings of Allah be upon him) said: "Whoever says "La ilaha ill-Allah wahdahu la shareeka lah, lahu'l-mulk wa lahu'l-hamd wa huwa 'ala kulli shayin qadeer" one hundred times in the day, will have a reward equivalent to that of freeing ten slaves, one hundred hasanahs (good deeds) will be recorded for him, and one hundred sayiahs (bad deeds) will be erased from his record, and it will be protection for him from the shaytan for that day, until evening comes. No one could achieve any better than him except the one who does more than he did."

(al-Bukhaari, Muslim)

## 7. Remembering Allah often (dhikr)

It was narrated from al-Harith al-Ash'ari that the Prophet (peace and blessings of Allah be upon him) said: "Allah commanded Yahya ibn Zakariya (peace be upon him) five things to follow and to enjoin upon the Children of Israel... and he commanded them to remember Allah, and the likeness of that is a man who was being pursued by the enemy, until he reached a strong fortress in which he found protection; similarly a man cannot find protection from the shaytan except by remembering Allah..." (al-Tirmidhi)

## 8. The adaan (call to prayer)

It was narrated that Suhayl ibn Abi Salih said: "My father sent me to Bani Harithah, and there was with me a slave of ours, or a companion of ours. Someone called out his name from a garden, and the one who was with me looked into the garden and did not see anything. I mentioned that to my father, and he said, 'If I had known that this was going to happen to you, I

would not have sent you. But if you hear a voice then make the call for prayer, for I heard Abu Hurayrah (may Allah be pleased with him) narrating that the Messenger of Allah (peace and blessings of Allah be upon him) said: "When the shaytan hears the call to prayer, he runs away fast." (Muslim).

The word translated here as "runs away fast" may also mean "passes wind."

#### 9. Reciting Quran offers protection against the shaytan

Allah says (interpretation of the meaning):

"And when you (Muhammad) recite the Quran, We put between you and those who believe not in the Hereafter, an invisible veil (or screen their hearts, so they hear or understand it not) [17:45]

#### 10. Saying Bismillaah (in the Name of Allaah)

Before entering one's home, before eating or drinking, and before having intercourse will also keep the Shaytaan from entering the house or partaking with a person in his food, drink and sexual activity. Similarly, mentioning the name of Allaah before entering the toilet or taking off ones clothes will prevent the jinn from seeing a persons awrah or harming him, as the Prophet (peace and blessings of Allaah be upon him) said, To put a barrier that will prevent the jinn from seeing the awrah of the sons of Aadam, let any one of you say Bismillaah when entering the toilet.

(Reported by al-Tirmidhi, 551; Saheeh al-Jaami, 3611).

11. Strength of faith and religion in general will also prevent the jinn from harming a person, so much so that if they were to fight, the one who has faith would win. Abd-Allaah ibn Masood (may Allaah be pleased with him) said: A man from among the Companions of Muhammad met a man from among the jinn. They wrestled, and the human knocked down the jinn. The human said to him, You look small and skinny to me, and your forearms look like the front paws of a dog. Do all the jinn look like this, or only you? He said, No, by Allaah, among them I am strong, but let us wrestle again, and if you defeat me I will teach you something that will do you good. The human said, Fine. He said, Recite, Allaah! None has the right to be worshipped but He, the Ever-living, the One Who sustains and protects all that exists [Aayat al-Kursi al-Baqarah 2:255 interpretation of the meaning]. The human said, Fine. He said, You will never recite this in your house but the Shaytaan will come out of it like a donkey breaking wind, and he will never come back in until the next morning. (Reported by al-Daarimi, 3247).

## CONCLUSION

Always remember that the Jinn and Shaytan have no authority against us with Allah's Protection:

*"Verily! My slaves (i.e the true believers of Islamic Monotheism), you have no authority over them. And All-Sufficient is your Lord as a Guardian." 17: 65*

*"Certainly, you shall have no authority over My slaves, except those who follow you of the Ghawin (Mushrikun and those who go astray, criminals, polytheists, and evil-doers, etc.)."*  
15: 42

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